



# PELVIS & HIP CONGRESS

**THEME: BASIN N ORB PERCIPIO**

FRIDAY & SATURDAY  
**13** TO **14**  
DECEMBER 2024  
PEARL-CONTINENTAL HOTEL  
KARACHI



For inquiry please contact  
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**THEME: BASIN N ORB PERCIPIO**

FRIDAY & SATURDAY 13 TO 14 DECEMBER, 2024 | PEARL-GOV-THE-VEIL HOTEL KARACHI



## DAY 1 INTERNATIONAL & NATIONAL FACULTY

### ORGANISING COMMITTEE



Prof. M. Umar  
AAMr



Prof. Syed Shahid Noor  
Patran



Prof. Masood Umar  
Chakrabarti



Prof. K.A.L. SHAH  
Co-Chairman



Dr. Shaikh Nazeem ul Haq  
Secretary



Prof. Munazzar Ali Khan  
Chair Scientific Committee



Dr. Ayarsha Saeed  
Co-Chair Scientific Committee

### INTERNATIONAL FACULTY



Alaric Ansojls



Simon Kelly



Donald Kephart

### NATIONAL FACULTY



Ali Anwar Jilani



Ali Ijaz



Anis ul din Bharti



Aul Paracha



Akbar Zubari



Faalq Ali Shah



Farma Mir



Faizal Kaseer



Fawaz Shahab



Ghulam Mahboob



Imran Ali Shah



Imran Javed



Javed Iqbal



Muhammad Ali



M. A. Waqid



Mumtaz Hussain



Nusrat Rashid



Nadeem Ahmed



Naveed Khan



Parvez Ali



Pt. Mujtaba Ali Siddiqi



Rizwan Haseeb Rashid



Saad Ahmed



Sikandar Hujat



Shahzad Anwar Qureshi



Syed Akmal Sultan



Syed Kamran Ahmad



Sumair Naseem



Usman Barwar



Yasir Mohib



Zoha Farooq

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Event Management

**M** Events AA



# 1<sup>st</sup> Pelvis and Hip Congress

Theme: Basin & Orb Percipio  
13-14 December, PC Hotel Karachi:

## Scientific Program

Day 1: 13<sup>th</sup> December, 2024

08:00 am	Recetation & Naat	
08:15 am	Opeing remarks	Masood Umer Mansoor Ali Khan
08:30 am	MCQ test for residents	

## Session 1: Pediatric Hip and Pelvis

Chairman: Javed Iqbal  
Co-Chair: Sikandar Hayat  
Moderator: Ayesha Saeed

Timings	Duration	Theme: Early detection and Non operative Management of Hip Dysplasia	Faculty
8:45-8:51 am	6 min	Why is Hip Dysplasia a problem: An update on risk factors	Shahzad Anwar Qureshi
8:52-8:58 am	6 min	Principles of brace treatment: How do I follow a patient in Pavlik Harness Baby Wearing and Other Practical Issues	Pervez Ali
8:59-9:14 am	15 min	Diagnosis (Review of Physical Exam and its Limitations) What About Universal Screening?	Javed Iqbal
9:15-9:30 am	15 min	Strategies for Screening in Resource Challenged Countries: Building hip programs	Alaaric Aroojis
9:30-9:35 am	5 min	Q & A	

Timings	Duration	Theme: Long term Management of Hip Dysplasia 1	Faculty
9:36-9:46 am	10 min	Strategies to follow if non operative treatment is not working	Sikandar Hayat
9:47-9:59 am	12 min	Practical tips on of neglected developmental dysplasia of the hip	Mumtaz Hussain
10:00-10:15 am	15 min	Pelvic Osteotomies in DDH-characteristics, indications and pitfalls in technique	Simon Kelley
10:15-10:18 am	3 min	Free Paper 01; Neglected pediatric proximal femoral fracture	M. Amin Cheema
10:15-10:25 am	10 min	Q & A	

10:25-10:45 Tea Break

Chair: Anis Bhatti  
Co-Chair: Amin Chinoy  
Moderator: Asif Paracha

Timings	Duration	Theme: Long term Management of Hip Dysplasia 2	Faculty
10:45-11:00 am	15 min	DDH Redislocation-What will I do?	Anis Bhatti
11:01-11:07 am	6 min	Challenges of Post-Operative DDH AVN	Saeed Ahmed
Theme CP & Neuromuscular Hip Management			
11:08-11:15 am	7 min	CP Hip Surveillance	Asif Paracha
11:16-11:25 am	9 min	Reconstruction in CP Dislocated Hip	Donald Kephart
11:26-11:32 am	6 min	Salvage procedures for CP Hip dislocation	Ayesha Saeed
11:32-11:35 am	3 min	Free paper 02: Radiological and Functional Outcomes following surgical intervention for late-presenting patients with Developmental Dysplasia of Hip: a cross-sectional study	Nirman Shehzad
Theme Hip Infection			
11:36-11:42 am	6 min	Diagnosis & medical management of acute septic hip in children	Fatima Mir
11:43-11:50 am	7 min	Emergent Open Hip arthrotomy or Hip aspiration	Asif Paracha
11:51-11:57 am	6 min	Septic hip & coexisting osteomyelitis	Yasir Mohib
11:58-12:04 pm	6 min	Tuberculous Hip Arthritis-dilemmas & challenges	Nusrat Rasheed

Instructions: Please stick to your time, one minute before the clock will blink and the slides will turn off

Timings	Duration	Theme: Perthes & SCFE	Faculty
12:05-12:15 pm	10 min	VDRO or Pelvic Osteotomies in LCPD	Anis Bhatti
12:16-12:26 pm	10 min	Insitu fixation in SCFE	Javed Iqbal
12:27-12:34 pm	7 min	Acute unstable to chronically deformed SCFE-surgical strategies	Mumtaz Hussain
12:35-12:42 pm	7 min	Modified Dunn for Unstable Severe SCFE	Saeed Ahmed

Timings	Duration	Theme Pediatric Hip & Pelvis Trauma	Faculty
12:43-12:50 pm	7 min	Neglected Pediatric Traumatic Hip dislocation and its implication	Sikandar Hayat
12:50-1:00 pm	10 min	Neglected Pediatric Neck of Femur Fracture	Amin Chinoy
		Q & A	

1:00 pm – 2:00 pm Juma Namaz and Lunch

## Session 2: Tumors of the Hip & Pelvis

**Chair:** M: Umar  
**Co-Chair:** Mumtaz Hussain  
**Moderator:** Ali Jillani

Time	Duration	Topic	Faculty
2:00-2:15 pm	15 min	Pelvic tumors in adults-our experience	Masood Umer
2:15-2:30 pm	15 min	Pelvic tumors in Paeds-our experience	Ali Anwar Jilani
2:30-2:45 pm	15 min	P1 resections-leave the ring open	Zeeshan Khan
2:45-2:55 pm	<b>Debate 1 Approaches for hemipelvectomy</b>		
	5 min	Utilitarian approach	Pir Mujtaba
	5 min	Question mark approach	Ali Ijaz
2:55-03:00 pm	5 min	Free Paper 01: Surgical management and outcomes of benign tumors of proximal femur	Javeria Saeed
3:00-3:15 pm	15 min	Sacral tumors-our experience	Akbar Zuberi
3:15-3:30 pm	15 min	Proximal femur replacement after tumor resection	Imran Shah
3:30-3:40 pm	<b>Debate 2 Absence of abductors after tumor resection</b>		
	5 min	Constrained cup is essential	Ali Ijaz
	5 min	Constrained cup is not essential	Zoha Farooq
3:40-3:50 pm	10 min	Benign tumors of proximal femur	Asif Paracha
3:50-4:05 pm	<b>Debate 3 Pathological fractures of sub-trochanteric region</b>		
	5 min	I would fix with a nail	Ali Ijaz
	5 min	I would fix with a plate	Pir Mujtaba
4:05-4:10 pm	5 min	I would replace	Zoha Farooq
	5 min	Q & A	

## Session 3: Hip Fracture

**Chair:** Ghulam Mehboob  
**Co-Chair:** Zaki Idrees  
**Moderator:** Rizwan Haroon

Time	Duration	Topic	Faculty
4:10-4:20 pm	10 min	General Principles for Treatment Femoral Head Fractures	Syed Akmal Sultan
4:20-4:30 pm	10 min	Management of young femoral neck fractures: is there a consensus	Faisal Masood
4:30-4:45 pm	<b>Debate: 01 Trends in Surgical Treatment of femoral Neck fractures in Elderly:</b>		
	5 min	Uni polar Replacement	Nadeem Ahmed
	5 min	Bi-polar Replacement	Kazim Raheem
4:45-4:55 pm	5 min	THR	M. Ali
	<b>Debate: 02 Where are we Standing</b>		
	5 min	Cemented bipolar hemi-arthoplasty	Faisal Nazeer

Instructions: Please stick to your time, one minute before the clock will blink and the slides will turn off

		Versus	
	5 min	Uncemented bipolar Hemiarthroplasty:	Usman Sarwar
4:55-5:05 pm	10 min	Dual Mobility Total Hip Replacements are superior to Conventional Hip Replacements: A fact or an Industry Driven Statement:	M. Ali
5:05-5:15 pm	10 min	Management of proximal femur fractures in the elderly: current concepts and treatment options	M A Wajid
		<b>Debate: 03</b> Unstable Intertrochanteric Fractures	
5:15-5:25 pm	5 min	DHS is my Preferred Implant	Faaiz Ali Shah
	5 min	PFNA is my preferred Implant	Naveed Khan
		<b>Debate: 04</b> Communited Peri trochanteric Fractures:	
5:25-5:35 pm	5 min	I do Primary Fixations	Faseeh Shahab
	5 min	I do Replacements	Imran Javed
5:35-5:45 pm	10 min	Reverse Oblique Intertrochanteric Fracture: Watch out its not the Regular one	Sumair Naseem
5:45-5:55 pm	10 min	Sub trochanteric Femoral Fractures: Do we have an answer	Syed Kamran Ahmed
5:55-6:15 pm		Free Papers	
	5 min	"Displaced subcapital neck of femur fracture in young patients-fix or replace?"	Umar Khan
	5 min	Acetabular fracture fixation evaluation: clinical and functional outcomes assessed with the modified harris hip score- insights from a single trauma center	Asif Ali
	5 min	A Comparative Analysis of the Ilioinguinal and Modified Stoppa Approaches for Anterior Column Acetabular Fractures: Insights from the Largest Trauma Center"	Nimrah Rasheed
	5 min	Outcome after Surgical Management of Acetabular Fractures: A 2-5 Year Experience	Hasan Shahzaib

8:00 pm

Opening Ceremony & Gala Dinner at Movenpick Hotel, Karachi

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## DAY 2 NATIONAL FACULTY

### ORGANISING COMMITTEE



**Prof. M. Umar**  
Advisor



**Prof. Syed Shahid Noor**  
Patron



**Prof. Masood Umer**  
Chairman



**Prof. K.M. SHAH**  
Co-Chairman



**Dr. Shaikh Naeem ul Haq**  
Secretary



**Prof. Mansoor Ali Khan**  
Chair Scientific Comm.



**Dr. Ayesha Saeed**  
Co-Chair Scientific Comm.

### NATIONAL FACULTY



**Faisal Masood**



**Fareed Ullah Zimri**



**Haroon Rashid**



**Hafiz Javaid Iqbal**



**Imran Haider Qaisrani**



**Kazim Rahim Najjad**



**Khadim Khawaja**



**M. Amin Chinoy**



**Maratib Ali**



**Nasir Ahmed**



**Pervez Hashmi**



**Shah Jahan Sial**



**Syed Khalid Karimi**



**Tanveer Sadiq**



**Zeeshan Khan**



**Zeehan Naem**

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Event Management

**M**Events AA



# 1<sup>st</sup> Pelvis and Hip Congress

Theme: Basin & Orb Percipio  
13-14 December, PC Hotel Karachi:

## Scientific Program

Day 2: 14<sup>th</sup> December, 2024

08:00 am	Recetation & Naat	
08:15 am	MCQ test for residents (Hip n pelvis)	

## Session 4: Foundations for Success in Primary Total Hip Arthroplasty (THA)

Chair: Syed Shahid Noor  
Co-Chair: Faisal Nazeer  
Moderator: Faseeh Shahab

Time	Duration	Topic	Faculty
8:25-8:55 am		<b>Free Papers</b>	
	5 Min	1. A study of neglected traumatic hip dislocation treated with total hip arthroplasty: The journey from miserable to a happy life	Shahzaeb
	5 Min	2. Achieving Zero Infection Rate in Total Hip Replacements: A Little More Effort, Glorious Satisfaction:	Muhammad Khalid ur rehman
	5 Min	3. MidTerm Outcomes in Primary Complex Total Hip Arthroplasty: 8-Year Retrospective Study	Farid Ullah Khan Zimri
	5 Min	4. Patients undergoing total hip replacement in a rural health care setup- our experience	Shahzad Ali
	5 Min	5. Complex hip arthroplasty following failed proximal Femur osteosynthesis-our experience	Shahzaib Riaz
	5 Min	6. Early Functional outcomes of bipolar hemiarthroplasty using a mini posterior hip approach for femoral neck fractures	Hasan Shahzaib
8:55-9:10 am	15 Min	How I plan and execute perfect primary THA , all the time!	Hafiz Javaid Iqbal
9:10-9:25 am	15 Min	Correct placement of the acetabular cup to prevent dislocation	Faisal Masood
9:25-9:40 am	15 Min	Alternatives to Hip Arthroplasty; exploring reconstructive options	Haroon Rashid
9:40-10:00 am		<b>Debate 01: Best approach for hip Arthroplasty</b>	
	5 Min	Direct anterior approach	Imran H: Qaisarani
	5 Min	Posterior approach	Khadim Khawaja
	5 Min	Hardinge approach	Syed Khalid Karim
10:00-10:15 am		<b>Debate 02: Implant choice</b>	
	5 Min	Cemented THA for all ages	Amin Chinoy
	5 Min	Uncemented THA is the best	Shah Jahan Sial
10:15-10:30 am		<b>Debate 03: Best implant bearing surface in young hip</b>	
	5 Min	Ceramic on ceramic	Zeeshan Khan
	5 Min	Ceramic on highly crossed linked poly	Imran Qaisarani
	5 Min	Metal on highly crossed linked poly	Zeehan Naeem
	5 Min	Voting and Conclusion	

Tea break (10:30 am - 11:00 am)

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## Session 5: Navigating Complex Primary THA Cases

**Chair:** Faisal Masood  
**Co-Chair:** Pervaiz Hashmi  
**Moderator:** Nasir Ahmed

11:00-11:15 am	15 min	My journey of hip arthroplasty in Pakistan- A Quarter Century Experience	Syed Shahid Noor
11:15-11:30 am	15 min	THA after acetabular fixation failure	Masood Umer
11:30-11:45 am	15 min	THA after proximal femur fixation failure	Kazim Rahim
11:45-12:00 pm	15 min	THA in ankylosed and fused hips	Amin Chinoy
12:00-12:15 pm	15 min	THA in Dysplastic hips- CROWE 2/3	Nasir Ahmed
12:15-12:30 pm	15 min	THA in dysplastic hips- CROWE 4	Pervaiz Hashmi
12:30-01:00 pm	30 min	Panel of Expert for case based discussion	Syed Shahid Noor
<b>LUNCH BREAK (1:00 pm - 2:00 pm)</b>			

## Session 6: Revision Total Hip Arthroplasty

**Chair:** M. Suhail Rafi  
**Co-Chair:** Farid Zimri  
**Moderator:** Imran Qaisrani

2:00-2:15 pm	15 min	Managing Periprosthetic Fractures: When to fix and when to replace	Zeeshan Khan
2:15-2:30 pm	15 min	Assessment and management of Acetabular bone loss during THA	Syed Shahid Noor
2:30-2:45 pm	15 min	Assessment and management of Femoral bone loss during THA	Tanveer Sadiq (Recorded)
2:45-3:00 pm	15 min	How to evaluate and manage recurrent hip dislocation	Farid Zimri
3:00-3:40 pm	40 min	Panel of experts for case based discussion	Syed Shahid Noor

## Session 7: Periprosthetic Joint Infection (PJI) Symposium

**Chair:** Mansoor Ali Khan  
**Co-Chair:** Faaiz Ali Shah  
**Moderator:** Kazim Raheem

3:45-4:00 pm	15 min	Preventing Infection in THA	Maratib Ali
4:00-4:15 pm	15 min	Current Diagnostic Strategies in PJI	Mansoor Ali Khan
4:15-4:30 pm	15 min	Treatment Algorithm for PJI Management	Nasir Ahmed
4:30-5:00 pm	30 min	Conclusion and Q&A Session	
<b>5:00 pm</b>	<b>Conference Closing &amp; Vote of Thanks by Syed Shahid Noor</b>		

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